

What is a Hurt?

The feeling of being hurt is an emotional reaction to another person's behavior or to a disturbing situation (abuse, abandonment, co-dependency, divorce, relationship issues, grief, distress, etc.)

What is a Habit?

A habit is an addiction to someone or something (alcohol, drugs, food, gambling, sex, shopping, smoking, etc.)

What is a Hang-up?

Hang-ups are negative mental attitudes that are used to cope with people or an adversity (anger, depression, fear or unforgiveness).

Do you or a loved one struggle with any of the following?

Abortion	Hatred
Abuse	Letting Go
Adultery	Love/relationships
Affection (lack of it)	Low Self-esteem
Aggravation	Lust
Alcohol	Neglect
Anger	People Pleasing
Anxiety	Pills
Co-dependency	Pornography
Control	Profanity
Death	Pride
Depression	Racism
Despair	Rage
Divorce	Rape
Domestic violence	Relationships
Drugs	Sadness
Dysfunctional family	Selfishness
Fear	Sex Addiction
Financial recovery	Shame
Gambling	Stress
Grief	



No Hurt is Beyond Healing.
No Habit is Beyond Help.
No Hang-up is Beyond Hope.

.....

Thursday Nights at
Batesville Christian Church
1294 Columbus Ave.
Batesville, IN 47006

Nightly Schedule

5:15 - 6:00 Dinner

6:00 - 7:00 Large Group

7:00 - 8:00 Small Group

Childcare provided from 5:45 - 8:15
.....

Questions?

Contact: Laura 812-363-5959

Email:

CR.BatesvilleCC@gmail.com

Website:

<http://www.batesvillechristianchurch.org/ministries/celebrate-recovery>





What is Celebrate Recovery

Celebrate Recovery is a place where those suffering can find lasting victory over chemical dependency as well as life issues, such as fear/anxiety, gambling, depression, co-dependency, sexual addiction, over-spending, food disorders and any other hurt, habit or hang-up that is holding them back. This program is also designed to help the family members who are affected and hurting. Hebrews 10:25 says, “Let us not give up meeting together as some are in the habit of doing, but **let us encourage one another** and all the more as you see the day approaching”.

Celebrate Recovery is a 12 Step Recovery program that is Biblically based and Christ centered. In addition to the traditional 12 steps, there are eight recovery principals that coincide with the steps. We meet weekly (schedule on front) and look forward to the opportunity to serve you and encourage you on your journey.

THE ROAD TO RECOVERY The Eight Recovery Principles

Realize I’m not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.
Happy are those who know they are spiritually poor.
MATTHEW 5:3

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.
Happy are those who mourn, for they shall be comforted. MATTHEW 5:4

Consciously choose to commit all my life and will to Christ’s care and control.
Happy are the meek. MATTHEW 5:5

Openly examine and confess my faults to myself, to God, and to someone I trust.
Happy are the pure in heart. MATTHEW 5:8

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.
Happy are those whose greatest desire is to do what God requires. MATTHEW 5:6

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I’ve done to others, except when to do so would harm them or others.
Happy are the merciful. Happy are the peacemakers.
MATTHEW 5:7 & 9

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life, and to gain the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and by my words.
Happy are those who are persecuted because they do what God requires! MATTHEW 5:10

Things We Are:

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- A place where respect is given to each other
- A place where confidentiality is highly regarded
- A place to learn
- A place to grow and become strong again
- A place where you can take off your mask
- A place for healthy challenges and healthy risks
- A possible turning point in your life

Things We Are Not:

- A place for selfish control
- A place for therapy
- A place for secrets
- A place to look for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A place to judge others
- A quick fix